

# HAMPTON'S HIGH TIDES

## JULY

DATE	HIGH TIDE		LOW TIDE		RISE	SET
	AM	PM	AM	PM		
WED 13	4:20	4:52	10:52	11:17	5:17	8:21
THU 14	5:07	5:36	11:34	—	5:17	8:21
FRI 15	5:57	6:24	12:08	12:21	5:18	8:20
SAT 16	6:53	7:16	1:04	1:13	5:19	8:19
SUN 17	7:53	8:11	2:02	2:08	5:20	8:19
MON 18	8:55	9:08	3:02	3:07	5:21	8:18
TUE 19	9:56	10:06	4:02	4:05	5:22	8:17
WED 20	10:54	11:03	4:59	5:03	5:23	8:16
THU 21	11:49	11:59	5:54	5:59	5:23	8:16
FRI 22	—	12:44	6:47	6:55	5:25	8:14
SAT 23	12:54	1:37	7:39	7:51	5:25	8:14
SUN 24	1:49	2:30	8:31	8:48	5:25	8:14
MON 25	2:45	3:23	9:23	9:45	5:27	8:12
TUE 26	3:42	4:17	10:16	10:45	5:28	8:11
WED 27	4:40	5:12	11:09	11:46	5:29	8:10
THU 28	5:41	6:09	—	12:05	5:30	8:09
FRI 29	6:44	7:07	12:50	1:03	5:31	8:07
SAT 30	7:48	8:05	1:53	2:02	5:32	8:06
SUN 31	8:50	9:01	2:55	3:00	5:34	8:05

### Tide Conversions

Tides vary by several minutes along the coastline due to geographical features (such as rivers) and their location. You may use this guide to gauge the correct time for high and low tides at other points along the Seacoast by adding or subtracting the appropriate number of minutes from the Hampton Harbor tides listed to the side. Please note that adverse weather and other events may alter these predictions.

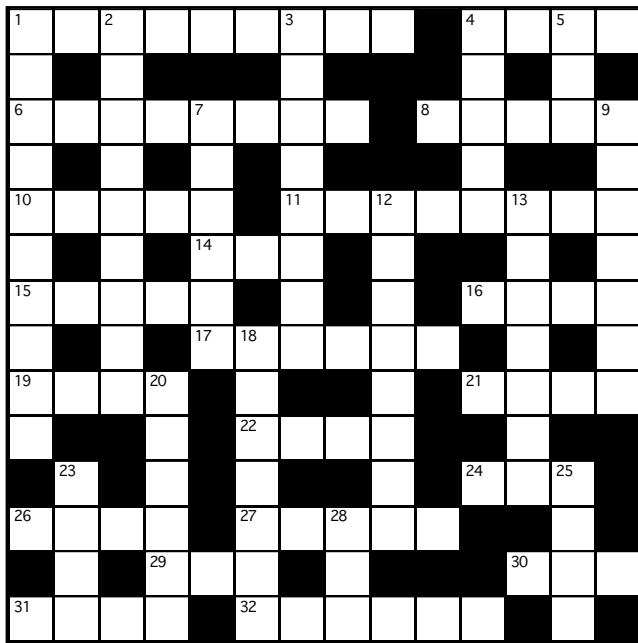
- York Harbor High Tide:** Subtract 11 minutes
- Low Tide:** Subtract 19 minutes
- Portsmouth High Tide:** Add 8 minutes
- Low Tide:** Subtract 15 minutes
- Merrimack River High Tide:** Add 6 minutes
- Low Tide:** Subtract 8 minutes

Full Moon: Thurs., July 21 • Last Quarter: Thurs., July 28

Tides provided by www.MaineHarbors.com

## THE BEACH NEWS CROSSWORD PUZZLE

By John Hirtle



- |                                      |                                   |                          |
|--------------------------------------|-----------------------------------|--------------------------|
| <b>Across</b>                        | overload.                         | broom.                   |
| 1 Decorate.                          | 24 Inquire.                       | 5 America's              |
| 4 A liquid meal.                     | 26 What you hold things with.     | Initials.                |
| 6 A bridge above a road.             | 27 A small door.                  | 7 An adult with a child. |
| 8 A wood moths hate.                 | 29 Putting something into action. | 9 A king or queen.       |
| 10 A bread-maker.                    | 30 A writing utensil.             | 12 An addictive drug.    |
| 11 Exclusive control over something. | 31 Unkept.                        | 13 Unmistakable.         |
| 14 A long time.                      | 32 A Scottish cloth design.       | 18 A small ax.           |
| 15 A locomotive.                     |                                   | 20 a mass departure.     |
| 16 Egg-shaped.                       |                                   | 23 A body of freshwater. |
| 17 A covering of straw.              | <b>Down</b>                       | 25 The bottom of a ship. |
| 19 A short letter.                   | 1 Excessive.                      | 28 A sticky substance.   |
| 21 A young horse.                    | 2 A morning meal.                 |                          |
| 22 A pinball machine                 | 3 An inability to sleep.          |                          |
|                                      | 4 Cleaning with a                 |                          |

Answers to this week's puzzle can be found on Page 7A

# MUSICAL NOTES

## MUSIC BY THE SEA

**RYE** | The Seacoast Science Center, located on the grounds of Odiorne Point State Park in Rye, will come alive to the sounds of some New England's best bands on Thursday evenings this summer during the Music by the Sea Concert Series. The beautiful ocean vistas, relaxed atmosphere and spectacular sunsets have made these outdoor concerts a family favorite.

### Truffle

Truffle will make their first Music-by-the-Sea appearance on July 14. Their energy and unique R&B-reggae-bluegrass-soul-Cajun sounds have shared the stage with big names across the country.

### Gary Sredzienski and the Serfs

Get happy on July 21 with accordion aficionado Gary Sredzienski and the Serfs. Sredzienski, known for his beloved weekly radio program "Polka Party" and the Serfs offer a rocking 60's-style surf music with an ethnic folk twist. They'll have Seacoast fans dancing the night away.

## MUSIC AT THE NORTH HAMPTON BANDSTAND

**NORTH HAMPTON** | Old fashioned concerts return to the North Hampton Bandstand this summer, located on the green at the intersection of Route 111 (Atlantic Ave) and Route 151 (Post Road). All concerts will be held on Wednesdays, 6:00-8:00 p.m., unless otherwise noted.

You may purchase hot dogs, beans, chips, tonic and coffee from the Masonic Lodge. The North Hampton Woman's Club has cookies and brownies for sale. Boy Scouts Troop #162 has popcorn for sale.

Please feel free to bring your own picnic lunch, chairs or blankets for a fun evening of entertainment.

In case of rain: Concerts will be held at the North Hampton School on Atlantic Avenue, (Rt. 111) east of Rt. 1. Children's programs will be held at the church across from the bandstand. Coming Performances include:

**Wednesday, July 20** — Jim McDougall & the Funky Divas

**Thursday July 21** — 10:30 a.m. Sammie Hayes composes from a child's point of view and invites listener to actively participate.

**Wednesday, July 27th** — State Street Band, featuring Sharon Jones offers a variety of rhythm and blues as well as some jazz classics.

## EXETER SUMMER CONCERT SERIES

**EXETER** | Exeter Parks and Recreation presents the 2005 Summer Concert Series, with concerts held on Thursday evenings from 6:15-8:15 p.m. at Swasey Parkway. In addition to this year's line-up, the rec department will also offer a holiday concert as a part of the Revolutionary War Days Festival. There is no admission fee and the bands are selected from throughout New England. Exeter Area High School (EAHS) Band Booster Club will be selling pizza, soft drinks and other items at the concerts. Join in for a little music in the park and support the EAHS Band. Please note that concerts are cancelled in the event of inclement weather.

### Chicken Slacks Soul Revue

This performance is done in concert with Exeter Chamber of Commerce "After Hours" Social, taking place on July 14 from 7:30-10 p.m. The band is known for their tight rhythm section, gritty horns and stirring vocalist. If you missed them last year, don't let this opportunity pass by.

### Revolutionary War Days Festival Festivities

The Jumbo Circus Peanuts will have the Parkway rocking all night long on July 16 from 6:45-8:45 p.m. (rain date July 17). This awesome 12-piece band is the Seacoast's own alternative big band with a unique blend of pop, funk and soul, from Mardi Gras to exotica. Get there early and get ready for a evening of fabulous music and fireworks (which begin at 8:45 p.m.).

### Don Cambell Band

July 21 is reserved for Don Cambell and his rockin' country band. Don't miss their soulful take on country music.

### Wherehouse

The season ends on July 28 with this three-piece band featuring music from well known artists such as Van Morrison, Dave Matthews, the Rolling Stones, Peter Gabriel, Train and the Beatles. No matter what the occasion may be, the band always has fun with their music and their audience.

For more information about this year's concert series, call (603) 778-0591, ext. 151.

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